

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS

Ron Brown Sporting Complex

Session: 1 Saturday Track Events

Day 1 - Saturday 02/12/2023 - Starts at 09:15 AM

Event	Description	Round
#1	Girls U 7 - 500 Metre Run Pack Start	Final
#2	Boys U 7 - 500 Metre Run Pack Start	Final
#3	Girls U 11 - 1500 Metre Run	Final
#4	Girls U 12 - 1500 Metre Run	Final
#5	Boys U 11 - 1500 Metre Run	Final
#6	Boys U 12 - 1500 Metre Run	Final
#7	Girls U 13 - 1500 Metre Run	Final
#8	Girls U 15 - 1500 Metre Run	Final
#9	Girls U 17 - 1500 Metre Run	Final
#10	Boys U 13 - 1500 Metre Run	Final
#11	Boys U 14 - 1500 Metre Run	Final
#12	Boys U 15 - 1500 Metre Run	Final
#13	Boys U 17 - 1500 Metre Run	Final
#14	Girls U 8 - 60 Metre Hurdles (45cm)	Heats
#15	Boys U 8 - 60 Metre Hurdles (45cm)	Heats
#16	Girls U 13 - 200 Metre Hurdles (68cm)	Final
#17	Girls U 14 - 200 Metre Hurdles (76cm)	Final
#18	Boys U 14 - 200 Metre Hurdles (76cm)	Final
#19	Girls U 15 - 300 Metre Hurdles (76cm)	Final
#20	Girls U 17 - 300 Metre Hurdles (76cm)	Final
#21	Boys U 17 - 300 Metre Hurdles (76cm)	Final
#22	Girls U 8 - 60 Metre Hurdles (45cm)	Final
#23	Boys U 8 - 60 Metre Hurdles (45cm)	Final
#24	Girls U 9 - 60 Metre Hurdles (45cm)	Final
#25	Boys U 9 - 60 Metre Hurdles (45cm)	Final
#26	Girls U 10 - 60 Metre Hurdles (60cm)	Final
#27	Boys U 10 - 60 Metre Hurdles (60cm)	Final
#28	Girls U 8 - 100 Metre Sprint	Heats
#29	Girls U 10 - 100 Metre Sprint	Heats
#30	Boys U 10 - 100 Metre Sprint	Heats
#31	Girls U 12 - 100 Metre Sprint	Heats
#32	Girls U 13 - 400 Metre Sprint	Final
#33	Boys U 13 - 400 Metre Sprint	Final
#34	Girls U 14 - 400 Metre Sprint	Final
#35	Boys U 14 - 400 Metre Sprint	Final
#36	Girls U 15 - 400 Metre Sprint	Final
#37	Boys U 15 - 400 Metre Sprint	Final
#38	Girls U 17 - 400 Metre Sprint	Final
#39	Boys U 17 - 400 Metre Sprint	Final
#40	Girls U 8 - 400 Metre Run Pack Start	Final
#41	Boys U 8 - 400 Metre Run Pack Start	Final
#42	Girls U 9 - 400 Metre Sprint	Final
#43	Boys U 9 - 400 Metre Sprint	Final

*Bracketed events will be combined.

Event	Description	Round
#44	Girls U 10 - 400 Metre Sprint	Final
#45	Boys U 10 - 400 Metre Sprint	Final
#46	Girls U 11 - 400 Metre Sprint	Final
#47	Boys U 11 - 400 Metre Sprint	Final
#48	Girls U 12 - 400 Metre Sprint	Final
#49	Boys U 12 - 400 Metre Sprint	Final
#50	Girls U 7 - 100 Metre Sprint	Final
#51	Girls U 13 - 100 Metre Sprint	Final
#52	Boys U 13 - 100 Metre Sprint	Final
#53	Girls U 14 - 100 Metre Sprint	Final
#54	Boys U 14 - 100 Metre Sprint	Final
#55	Boys U 15-17 100 Metre Multi Class Run	Final
#56	Girls U 15 - 100 Metre Sprint	Final
#57	Girls U 17 - 100 Metre Sprint	Final
#58	Boys U 17 - 100 Metre Sprint	Final
#59	Girls U 8 - 100 Metre Sprint	Final
#60	Boys U 8 - 100 Metre Sprint	Final
#61	Girls U 9 - 100 Metre Sprint	Final
#62	Boys U 9 - 100 Metre Sprint	Final
#63	Girls U 10 - 100 Metre Sprint	Final
#64	Boys U 10 - 100 Metre Sprint	Final
#65	Girls U 11 - 100 Metre Sprint	Final
#66	Boys U 11 - 100 Metre Sprint	Final
#67	Girls U 12 - 100 Metre Sprint	Final
#68	Boys U 12 - 100 Metre Sprint	Final
#69	Girls U 7 - 50 Metre Sprint	Final
#70	Boys U 7 - 50 Metre Sprint	Final
#71	Girls U 13 - 3000 Metre Run	Final
#72	Boys U 13 - 3000 Metre Run	Final
#73	Boys U 14 - 3000 Metre Run	Final
#74	Girls U 15 - 3000 Metre Run	Final
#75	Girls U 17 - 3000 Metre Run	Final
#76	Boys U 17 - 3000 Metre Run	Final

**MID SOUTH COAST ZONE
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Ron Brown Sporting Complex

Session: 2 Saturday Field Events

Day 1 - Saturday 02/12/2023 - Starts at 09:15 AM

Event	Description	Round
#77	Girls U 9 - High Jump (S/H 0.80m)	Final
#78	Girls U 14 - Long Jump	Final
#79	Girls U 17 - Triple Jump	Final
#80	Boys U 9 - Discus (500 Gram)	Final
#81	Boys U 14 - Discus (1.0 Kg)	Final
#82	Boys U 17 - Shot Put (5.0 Kg)	Final
#83	Girls U 11 - Shot Put (2.0 Kg)	Final
#84	Girls U 10 - Long Jump	Final
#85	Boys U 11 - Long Jump	Final
#86	Girls U 12 - Triple Jump	Final
#87	Girls U 8 - Discus (500 Gram)	Final
#88	Boys U 12 - Discus (750 Gram)	Final
#89	Boys U 13 - Javelin (600 Gram)	Final
#90	Girls U 7 - Shot Put (1.0 Kg)	Final
#91	Boys U 10 - High Jump (S/H 0.95m)	Final
#92	Girls U 13 - High Jump (S/H 1.15m)	Final
#93	Boys U 9 - Long Jump	Final
#94	Boys U 17 - Long Jump	Final
#95	Boys U 15-17 Multi Class Long Jump	Final
#96	Boys U 14 - Triple Jump	Final
#97	Girls U 10 - Discus (500 Gram)	Final
#98	Boys U 7 - Discus (350 Gram)	Final
#99	Girls U 14 - Javelin (400 Gram)	Final
#100	Girls U 9 - Shot Put (2.0 Kg)	Final
#101	Boys U 15 - Shot Put (4.0 Kg)	Final
#102	Boys U 15-17 Multi Class Shot Put	Final
#103	Girls U 11 - High Jump (S/H 1.00m)	Final
#104	Girls U 17 - High Jump (S/H 1.25m)	Final
#105	Girls U 8 - Long Jump	Final
#106	Boys U 12 - Long Jump	Final
#107	Boys U 13 - Triple Jump	Final
#108	Girls U 15 - Discus (1.0 Kg)	Final
#109	Boys U 11 - Javelin (400 Gram)	Final
#110	Boys U 10 - Shot Put (2.0 Kg)	Final
#111	Girls U 13 - Shot Put (3.0 Kg)	Final
#112	Girls U 12 - High Jump (S/H 1.10m)	Final
#113	Boys U 14 - High Jump (S/H 1.25m)	Final
#114	Boys U 8 - Long Jump	Final
#115	Girls U 15 - Triple Jump	Final
#116	Girls U 17 - Discus (1.0 Kg)	Final
#117	Boys U 15 - Javelin (700 Gram)	Final
#118	Boys U 15-17 Multi Class Javelin	Final
#119	Boys U 8 - Shot Put (1.5 Kg)	Final
#120	Girls U 14 - Shot Put (3.0 Kg)	Final
#121	Girls U 13 - Long Jump	Final
#122	Girls U 11 - Triple Jump	Final
#123	Boys U 11 - Discus 500 Gram)	Final
#124	Boys U 17 - Javelin (700 Gram)	Final
#125	Girls U 12 - Shot Put (2.0 Kg)	Final
#126	Boys U 13 - Discus (750 Gram)	Final
#127	Boys U 12 - Javelin (400 Gram)	Final

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*Bracketed events will be combined.

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS

Ron Brown Sporting Complex

Session: 3 Sunday Track Events

Day 2 - Sunday 03/12/2023 - Starts at 09:00 AM

Event	Description	Round
#128	Girls U 11 - 1100 Metre Walk	Final
#129	Boys U 11 - 1100 Metre Walk	Final
#130	Boys U 10 - 1100 Metre Walk	Final
#131	Girls U 9 - 700 Metre Walk	Final
#132	Girls U 8 - 700 Metre Run Pack Start	Final
#133	Boys U 8 - 700 Metre Run Pack Start	Final
#134	Girls U 12 - 1500 Metre Walk	Final
#135	Boys U 12 - 1500 Metre Walk	Final
#136	Girls U 13 - 1500 Metre Walk	Final
#137	Boys U 13 - 1500 Metre Walk	Final
#138	Girls U 17 - 1500 Metre Walk	Final
#139	Boys U 17 - 1500 Metre Walk	Final
#140	Girls U 11 - 80 Metre Hurdles (60cm)	Final
#141	Boys U 11 - 80 Metre Hurdles (60cm)	Final
#142	Girls U 12 - 80 Metre Hurdles (68cm)	Final
#143	Boys U 12 - 80 Metre Hurdles (68cm)	Final
#144	Girls U 13 - 80 Metre Hurdles (76cm)	Final
#145	Boys U 13 - 80 Metre Hurdles (76cm)	Final
#146	Girls U 14 - 80 Metre Hurdles (76cm)	Final
#147	Boys U 14 - 90 Metre Hurdles (76cm)	Final
#148	Girls U 15 - 90 Metre Hurdles (76cm)	Final
#149	Girls U 17 - 100 Metre Hurdles (76cm)	Final
#150	Girls U 12 - 200 Metre Sprint	Heats
#151	Girls U 10 - 70 Metre Sprint	Final
#152	Boys U 10 - 70 Metre Sprint	Final
#153	Girls U 9 - 70 Metre Sprint	Final
#154	Boys U 9 - 70 Metre Sprint	Final
#155	Girls U 8 - 70 Metre Sprint	Final
#156	Boys U 8 - 70 Metre Sprint	Final
#157	Girls U 7 - 70 Metre Sprint	Final
#158	Boys U 7 - 70 Metre Sprint	Final
#159	Girls U 11 - 800 Metre Run	Final
#160	Boys U 11 - 800 Metre Run	Final
#161	Girls U 12 - 800 Metre Run	Final
#162	Boys U 12 - 800 Metre Run	Final
#163	Girls U 13 - 800 Metre Run	Final
#164	Boys U 13 - 800 Metre Run	Final
#165	Girls U 14 - 800 Metre Run	Final
#166	Boys U 14 - 800 Metre Run	Final

*Bracketed events will be combined.

Event	Description	Round
#167	Girls U 15 - 800 Metre Run	Final
#168	Boys U 15 - 800 Metre Run	Final
#169	Girls U 17 - 800 Metre Run	Final
#170	Boys U 17 - 800 Metre Run	Final
#171	Girls U 10 - 800 Metre Run	Final
#172	Boys U 10 - 800 Metre Run	Final
#173	Girls U 9 - 800 Metre Run	Final
#174	Boys U 9 - 800 Metre Run	Final
#175	Girls U 8 - 200 Metre Sprint	Final
#176	Boys U 8 - 200 Metre Sprint	Final
#177	Girls U 7 - 200 Metre Sprint	Final
#178	Boys U 7 - 200 Metre Sprint	Final
#179	Girls U 11 - 200 Metre Sprint	Final
#180	Girls U 12 - 200 Metre Sprint	Final
#181	Boys U 12 - 200 Metre Sprint	Final
#182	Girls U 13 - 200 Metre Sprint	Final
#183	Boys U 13 - 200 Metre Sprint	Final
#184	Girls U 14 - 200 Metre Sprint	Final
#185	Boys U 14 - 200 Metre Sprint	Final
#186	Girls U 15 - 200 Metre Sprint	Final
#187	Girls U 17 - 200 Metre Sprint	Final
#188	Boys U 17 - 200 Metre Sprint	Final
#189	Girls U 10 - 200 Metre Sprint	Final
#190	Boys U 10 - 200 Metre Sprint	Final
#191	Girls U 9 - 200 Metre Sprint	Final
#192	Boys U 9 - 200 Metre Sprint	Final
#193	Girls U 12-17 4x100 Metre Relay (Snr)	Final
#194	Boys U 12-17 4x100 Metre Relay (Snr)	Final
#195	Girls U 9-12 4x100 Metre Relay (Jnr)	Final
#196	Boys U 9-12 4x100 Metre Relay (Jnr)	Final

**MID SOUTH COAST ZONE
TRACK & FIELD CHAMPIONSHIPS**

Ron Brown Sporting Complex

Session: 4 Sunday Field Events

Day 2 - Sunday 03/12/2023 - Starts at 09:00 AM

Event	Description	Round
#197	Boys U 14 - Long Jump	Final
#198	Girls U 15 - Long Jump	Final
#199	Boys U 17 - Triple Jump	Final
#200	Girls U 13 - Discus (750 Gram)	Final
#201	Girls U 14 - Discus (1.0 Kg)	Final
#202	Boys U 13 - Shot Put (3.0 Kg)	Final
#203	Girls U 17 - Shot Put (3.0 Kg)	Final
#204	Boys U 9 - High Jump (S/H 0.85m)	Final
#205	Boys U 15 - High Jump (S/H 1.25m)	Final
#206	Boys U 10 - Long Jump	Final
#207	Girls U 12 - Long Jump	Final
#208	Boys U 11 - Triple Jump	Final
#209	Girls U 7 - Discus (350 Gram)	Final
#210	Girls U 11 - Discus (500 Gram)	Final
#211	Girls U 17 - Javelin (500 Gram)	Final
#212	Girls U 8 - Shot Put (1.5 Kg)	Final
#213	Boys U 14 - Shot Put (3.0 Kg)	Final
#214	Girls U 10 - High Jump (S/H 0.90m)	Final
#215	Boys U 12 - High Jump (S/H 1.15m)	Final
#216	Girls U 9 - Long Jump	Final
#217	Boys U 13 - Long Jump	Final
#218	Girls U 13 - Triple Jump	Final
#219	Boys U 8 - Discus (500 Gram)	Final
#220	Girls U 12 - Javelin (400 Gram)	Final
#221	Boys U 7 - Shot Put (1.0 Kg)	Final
#222	Girls U 15 - Shot Put (3.0 Kg)	Final
#223	Girls U 14 - High Jump (S/H 1.20m)	Final
#224	Boys U 17 - High Jump (S/H 1.30m)	Final
#225	Girls U 11 - Long Jump	Final
#226	Girls U 17 - Long Jump	Final
#227	Girls U 9 - Discus (500 Gram)	Final
#228	Boys U 10 - Discus (500 Gram)	Final
#229	Girls U 15 - Javelin (500 Gram)	Final
#230	Boys U 9 - Shot Put (2.0 Kg)	Final
#231	Boys U 12 - Shot Put (2.0 Kg)	Final
#232	Boys U 11 - High Jump (S/H 1.05m)	Final
#233	Boys U 13 - High Jump (S/H 1.20m)	Final
#234	Girls U 7 - Long Jump	Final
#235	Boys U 7 - Long Jump	Final
#236	Girls U 14 - Triple Jump	Final
#237	Girls U 12 - Discus (750 Gram)	Final
#238	Boys U 14 - Javelin (600 Gram)	Final
#239	Boys U 11 - Shot Put (2.0 Kg)	Final
#240	Girls U 10 - Shot Put (2.0 Kg)	Final
#241	Boys U 12 - Triple Jump	Final
#242	Boys U 17 - Discus (1.5 Kg)	Final
#243	Girls U 13 - Javelin (400 Gram)	Final
#244	Boys U 15 - Discus (1.0 Kg)	Final
#245	Boys U 15-17 Multi Class Discus	Final
#246	Girls U 11 - Javelin (400 Gram)	Final

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*Bracketed events will be combined.