

Mid South Coast Zone



General Meeting

1st February 2026

This meeting was held via Zoom.

Meeting opened at 7:00pm

Attendance

Doonan McLaren (Zone Coordinator) Katie Dent (Albion Park)
Scott McLaren (Zone Treasurer) Jason Galloway (Kiama)
Tracy Mandavy (Zone Secretary)
Kevin McGarry (Lake Illawarra)

Apologies

Craig Scott (Kiama)

Previous Minutes

Minutes of the previous meeting held 17th November 2026 were not available.

Business Arising

Nil.

Correspondence In

None tabled.

Correspondence Out

None tabled

Zone Coordinator's Report

No report tabled.

Treasurer's Report

No report tabled.



C / -

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Foundation for all sports

Centre Reports

No reports tabled.

General Business

Region 4 Championships

1. Albion Park
Parent helpers.

2. Milton Ulladulla
Families have requested information from the Zone Co. Doonan to email the Centre.

3. Medals
Will be available from Information.
8s medals will be presented on the dais.

4. Information
 - a. 14s to U20 rules as per LANSW RoC.
 - b. No coaching areas will be provided.
 - c. Spikes – Kerry McCann Athletic Centre allows spikes. Athletes 14s and up must use starting blocks. 7mm spikes recommended.
 - d. Relevant uniform patches must be worn.
 - e. No smart watches or phones permitted at field events.
 - f. Athletes are to marshal for both track and field events,
 - g. Clash Management will be provided.
 - h. Fully timed carnival. Events will not be announced.
 - i. Team Managers are to collect Region shirts.
 - i. Albion Park: Katie Dent
 - ii. Kiama: Cassie Dove / Julian Poole
 - iii. St Georges Basin: Tracy Mandavy
 - j. Set up will be permitted after 3:00pm on Friday 6th February.
 - k. The Region fee must still be paid even if an athlete does not attend.

Meeting closed at 8:28pm

Next Meeting To Be Advised