

Mid South Coast Zone



General Meeting

10th September 2025

This meeting was held via Zoom.

Meeting opened at 7:00pm

Attendance

Doonan McLaren (Zone Coordinator)	Katie Dent (Albion Park)	Emma (Nowra Athletics)
Scott McLaren (Zone Treasurer)	Tracey McWilliams (Albion Park)	
Tracy Mandavy (Zone Secretary)	Craig Scott (Kiama)	
Kevin McGarry (Lake Illawarra)	Matthew (Nowra Athletics)	

Apologies

Jo McGinniskin (LANSW)

Previous Minutes

Moved Craig Scott, seconded Katie Dent that the minutes of the AGM held 14th July 2025 are a true and accurate record. Carried.

Business Arising

Nil.

Correspondence In

Timing Solutions Re Website Invoice

Correspondence Out

Nil.

Zone Coordinator's Report

Hosting an information session for the 25/26 season.

Treasurer's Report

Account	\$2,729.48.38
Term Deposit	\$15,845.49 (4.5% Interest)



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Foundation for all sports

Centre Reports

Albion Park

Registrations are coming along. Our carnival is on 26/10/26. 40th Anniversary Celebration is being held on the 19th October.

Kiama

Kiama Little Athletics assisted with eleven (11) School Athletics Carnivals conducted by Bomaderry High, St Johns High, Kiama High, Kiama Public, Illaroo Road Public, Shoalhaven Heads Public, Nowra East Public, Shoalhaven Small Schools Public, Minnamurra Public, Ss Peter and Paul and North Nowra Public this year. We already have six (6) schools booked in for next year which is rather unusual.

The Centre also provided administrative support in the form of database preparation, results collation and online results functionality for the Shoalhaven District Primary Schools, Tongarra District Primary Schools, South Coast Primary and South Coast Secondary Athletics Carnivals. These services and associated expertise are currently being provided free of charge but, due to the demand and effort involved, we will be looking at the possibility of generating an income stream via this avenue in the future.

Preparations are well in hand for 2025-2026 season with online registrations opening on 1st August. Last weekend we had a working bee at the track which was very well attended. Our season will commence on Saturday 20th September. This is a week later than usual, for the second, consecutive season, due to Kiama Junior Football holding their Football Festival on the second weekend in September.

Lake Illawarra

Registrations are at normal levels. We supported 20–25 schools for their carnivals. Council is currently considering the roofing project. We already have 60 athletes registered for the October carnival.

Milton Ulladulla

No report tabled.

Nowra Athletics

Due to weather conditions, we haven't been able to start our season.

Shoalhaven

The season has been delayed due to the weather and we're now considering another week's delay.

St Georges Basin

We've hosted seven (7) schools for their carnival. Our numbers increasing compared to last year. We're only 2 weeks into the season and off to a strong start. Our trial day was a great success and has set us up really well moving forward.

Victory Runners

No report tabled.

General Business

Grand Prix

A vote was conducted to decide if the Grand Prix will be conducted this season.

- No - 3 votes (Lake Illawarra, Kiama, St Georges Basin)
- Yes - 2 votes (Albion Park, Shoalhaven)

Nowra Athletics abstained.

Consequently, the Grand Prix will not be conducted this season.

Zone March Past

A vote was conducted to decide if the March Past will be conducted at Zone this season.

- No - 3 votes (Kiama, Shoalhaven, St Georges Basin)
- Yes - 1 vote (Lake Illawarra)

Albion Park and Nowra Athletics abstained.

Consequently, the March Past will not be conducted at Zone this season.

The March Past Trophy is named after former Lake Illawarra starter Bill Young. Lake Illawarra raised the idea of introducing a team or individual award to recognise sportsmanship so the trophy name could continue. Clubs will discuss this suggestion at their own meetings, and the matter will be added to the agenda for our next meeting

Zone Championships Duration

A vote was conducted to decide the duration of the Zone Championships this season.

- 2 Days - 3 votes (Albion Park, Kiama, Nowra Athletics)
- 1.5Days - 2 votes (Lake Illawarra, Shoalhaven)
- 1 Day - 1 vote (St Georges Basin)

Consequently, the Zone Championships will continue to be conducted over 2 days this season.

Zone Championships - Duties

Gates/Track: Albion Park

High Jump: Craig Scott (Chief): St Georges Basin

Long Jump: Shoalhaven & Nowra Athletics

Discus: Ron Cox: Lake Illawarra

Triple Jump: Nowra Athletics and Shoalhaven

Shot Put: Jakki Peace: Lake Illawarra

Walks: Kevin McGarry, Tracy Mandavy (TBC)

Javelin: Scott McLaren: Milton Ulladulla

Data Entry: Tracy Mandavy

Track Referee: Doonan McLaren

Field Referee: Rebecca Newton

Zone Fees

It was agreed that the Zone Admin Levy for athletes that are not affiliated with LANSW in the 13's, 14's and 15's age groups would be \$2.00 per athlete. This is the same charge as all other athletes.

The Zone Championship entry fee will be \$5.00 per athlete again this season.

Hidden Disabilities Sunflower

The Hidden Disabilities Sunflower is a simple tool for athletes to voluntarily share that they have a disability or condition that may not be immediately apparent – and that they may need a helping hand, understanding, or more time. This Sunflower will allow officials and volunteers to identify these athletes and offer extra support if needed. All clubs agreed that this tool could be used at carnivals within the Zone.

Meeting closed at 8:39pm

Next Meeting 7:00pm Monday 17th November via Zoom