

# Mid South Coast Zone



## General Meeting

14<sup>th</sup> July 2025

This meeting was held via Zoom.

Meeting opened at 7:00pm

### Attendance

Doonan McLaren (Zone Coordinator)  
Scott McLaren (Zone Treasurer)  
Tracy Mandavy (Zone Secretary)  
Jo McGinniskin (LANSW)

Katie Dent (Albion Park)  
Craig Scott (Kiama)

### Apologies

Kevin McGarry (Lake Illawarra)  
Matthew (Milton Ulladulla)

Simone Ivanovski (Lake Illawarra)

### Previous Minutes

Minutes of the previous meeting do not exist.

### Business Arising

Nil.

### Correspondence In

Nil.

### Correspondence Out

Nil.

### Zone Coordinator's Report

Online Community Officials Courses are being implemented this season. Once participants fully complete all modules, observational assessments will occur commencing with Zone carnivals.

Each Centre must have someone who is responsible for verifying Working With Children Checks.



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Foundation for all sports

Sydney Olympic Park Athletics Centre is undergoing resurfacing, forcing the relocation of several carnivals this season.

The Hidden Disabilities Sunflower is being introduced. It's a simple tool for you to voluntarily share that you have a disability or condition that may not be immediately apparent – and that you may need a helping hand, understanding, or more time. This will assist us in having a better understanding on how to help/support athletes.

Reach out to McDonald's if you wish to host a meeting in their boardroom or party area. They will also advertise for you.

After many years of service Trish Bright will be retiring from LANSW in September.

Payment of the Mid South Coast Zone website invoice was outstanding, and the site was suspended. This invoice has now been paid, and the website is back online. Doonan to ascertain if revSPORT can support a Zone website.

This season:

- A new website ([nswathletics.org.au](http://nswathletics.org.au)) has been created. It supports LANSW and ANSW.
- New age patches have been adopted. These incorporate the Coles logo and can be displayed on either side of the uniform singlet or crop top. No age patches are to be placed on shorts.
- Age group naming convention is 13s to 17s. The word "Under" is no longer used.
- Nowra Athletics and Victory Runners are members of the Mid South Coast Zone and should be treated as such.
- Zone entries will be completed online via the revSPORT system.
- Field events will consist of three (3) attempts plus one (1) further attempt for the top eight (8) competitors.
- Referees will be permitted to view video evidence prior to ruling on a protest.
- For 14s, 15s, 16s, 17s and Under 20 age groups at Centre and Zone Carnival, only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start.
- For 14s, 15s, 16s, 17s and Under 20 age groups at the Region and State Championships, any athlete responsible for a false start will be disqualified.
- Athletes in the 14s, 15s, 16s, 17s and Under 20 age groups must use blocks at Region and State Championships for all races up to and including the 400 metres (including the first leg of all relays). It is not compulsory for any athlete to use starting blocks at Centre or Zone Championships (subject to ground regulations).

### **Treasurer's Report**

Account	\$3168.38
Term Deposit	\$15,845.49 (4.5% Interest)

### **General Business**

#### **Zone Championships**

The Kiama Centre will host Zone on Saturday 6<sup>th</sup> and Sunday 7<sup>th</sup> December. The backup date is the following weekend, but the venue will be Albion Park because the Kiama Sports Complex cannot be booked due to Grade Cricket.

Should we continue to hold the March Past at Zone? Participation numbers have dropped significantly over the last few years. Very few Zones still conduct a March Past. A decision will be made at the next meeting. Centres are to come prepared to discuss this issue.

Can the Zone program be conducted over one and a half (1 ½) days this year? A decision will be made at the next meeting. Centres are to come prepared to discuss this issue.

Would it be beneficial to revive the Grand Prix series this season? A decision will be made at the next meeting. Centres are to come prepared to discuss this issue.

Meeting closed at 8:12pm

**Next Meeting 7:00pm Wednesday 10<sup>th</sup> September via Zoom**