

Mid South Coast Zone Championships

CENTRE ENTRY FORM ONLY

Hosts : St Georges Basin Venue : Sanctuary Point Oval, Larmer Ave, Sanctuary Point
Date : 7th & 8th Dec, 2024 Entries Close : _____

NAME : _____

AGE GROUP : ____ BOY / GIRL

REGO No. : _____

7's To 11's may enter a maximum of 4 events.
 12's To 17's may enter a maximum of 6 events.

Please list events in order of preference.

	EVENTS
1st Choice	
2nd Choice	
3rd Choice	
4th Choice	
5th Choice	(12's To 17's Athletes Only)
6th Choice	(12's To 17's Athletes Only)

If he/she qualifies will this athlete attend the Regional Champs at Wagga Wagga? Yes No

This nomination form is for Centre use only.

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SATURDAY'S EVENTS

Event	Age Group										
	7	8	9	10	11	12	13	14	15	16	17
50m	X										
100m	X	X	X	X	X	X	X	X	X	X	X
P/Start	X										
400m		X	X	X	X	X	X	X	X	X	X
60m/h		X	X	X							
1500m					X	X	X	X	X	X	X
200m/h							X	X			
300m/h									X		
400m/h										X	X
3000m							X	X	X	X	X
Discus	B	G	B	G	B	B	B	B	G	G	G
H/Jump			G	B	G	G	G	B	G	G	G
Javelin					B	B	B	G	B	B	B
L/Jump		X	B	G	B	B	G	G	B	B	B
S/Put	G	B	G	B	G	G	G	G	B	B	B
T/Jump					G	G	B	B	G	G	G

SUNDAY'S EVENTS

Event	Age Group										
	7	8	9	10	11	12	13	14	15	16	17
70m	X	X	X	X							
200m	X	X	X	X	X	X	X	X	X	X	X
P/Start		X									
800m			X	X	X	X	X	X	X	X	X
80m/h					X	X	G				
90m/h							B	G	G		
100m/h								B	B	G	G
110m/h										B	B
700m/w			X								
1100m/w				X	X						
1500m/w						X	X	X	X	X	X
Discus	G	B	G	B	G	G	G	G	B	B	B
H/Jump			B	G	B	B	B	G	B	B	B
Javelin					G	G	G	B	G	G	G
L/Jump	X		G	B	G	G	B	B	G	G	G
S/Put	B	G	B	G	B	B	B	B	G	G	G
T/Jump					B	B	G	G	B	B	B

Legend: X = Boys & Girls
 G = Girls
 B = Boys