# Mid South Coast Zone



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Foundation for all sports

# **Meeting Minutes**

Date: Monday 21<sup>st</sup> January 2013

Venue: Bomaderry RSL Club

**Present:** Zone Co-ordinator: Craig Scott

Zone Treasurer: Zone Secretary:

**Centre Delegates** 

Albion Park: Pat McPhillips, Glen Mustapic

Kiama: Alex Arnold Lake Illawarra: Ann Crooks Milton Ulladulla: Jo Skinner

Shoalhaven: Anthony Hush, Lisa McConville

St Georges Basin: Howard Vandervord

Apologies: Tenille Moroney (ZS), Graham Nash (ZT), Howard McGarry (LI), Jackie de Vries (SGB)

**Visitors:** 

Meeting opened at 7:36 pm

#### **Previous Minutes**

Moved Howard Vandervord (SGB), seconded Jo Skinner (MU), "that the minutes of the meeting held 28<sup>th</sup> November 2012 were a true and accurate record." Carried.

#### **Business Arising**

There was no business arising.



#### **Correspondence In:**

Email LANSW Re Online Officials Theory D Grade (AP 2)

Temora Re Region 4 Shirt

**BOM December** 

**Newsletter December** 

LANSW Re Constitution Vote Result

LANSW Re Officials Accreditation – Christopher Johnson (Sh)

Email LANSW Re Online Officials Theory C Grade (K 2)

# **Correspondence Out:**

Minutes All Centres

LANSW Re Officials Accreditation – Christopher Johnson (Sh)

Email Team Managers Re Zone

**Email All Centres Re Zone Results** 

Email All Centres Re Dean Blair Result

Email All Centres Re McDonald's Scholarship

Email All Centres Re Line Marking Paint

Email All Centres Re Region 4 Duties

#### <u>Reports</u>

# 1. Treasurer

Due to the Zone Treasurer's inability to attend this meeting the Zone Co-ordinator presented this report on his behalf.

General account current balance: \$2,908.98

Outstanding Debts 121.00

Term Deposit \$25,000.00

Total \$27,779.98

Moved Craig Scott (ZC), seconded Ann Crooks (LI) "that the Treasurer's report be accepted." Carried.

#### 2. Zone Co-Ordinator

# **Zone Championships**

My sincere thanks go to the St Georges Basin Centre for the excellent manner in which they hosted the Zone Championships over the weekend of the 8th and 9th of December 2012.

The weekend began on a sour note when we arrived on Saturday morning only to find that vandals had visited overnight. A significant amount of graffiti "Tagging" had been deposited upon various items around the ground. Unfortunately a hired cool room copped the brunt of it. Needless to say the St Georges Basin Centre was less than impressed with the Security Officer who had been on site all night. A report was subsequently made to the local Police.

It pleases me greatly to be able to report that there were no errors in the printed program relating to athletes and/or events. This is a good indication that administration at Centre level throughout the Zone is being managed effectively.

The weather could have been a little kinder to us during the course of the weekend. Saturday was warm with intermittent squalls that played havoc with several sun shelters. A Southerly late in the day cooled things down just in time for the 3,000m events. Sunday was a challenge right from the start with a gale force Southerly wind and light showers. The strength of the wind was such that every hurdle on the track was blown over on several occasions. As such it was necessary to have volunteers place ropes behind the hurdles to hold them in an upright position for the duration of the hurdle events.

Approximately three hundred and sixty (360) athletes competed at the Championships. This was an amazing twenty (20) per cent increase on the previous season.

The Championships commenced with a very keenly contested March Past, which was won by the Kiama Centre.

Once again my sincere thanks go to all the Officials, Centre Committee members, Computer Operators and parents who assisted at the Carnival. Everybody did a magnificent job.

Congratulations to the Albion Park Centre who took out the "Dean Blair Trophy" for an astonishing sixth (6th) successive year.

There were 24 records broken during the Carnival.

Age Group	Event	No.	Record	Holder	Centre
U/13 Boys	800M Run	108	2:16.5	Troy Whittington	Albion Park
	3000M Run	130	10:28.2	Troy Whittington	Albion Park
U/14 Boys	400M Run	64	55.5	Zachary Havadjia	Shoalhaven
	800M Run	110	2:16.8	Kade Szakacs	Albion Park
	Discus	216	45.23	Connar Grozde	Albion Park
	Shot	236	12.78	Connar Grozde	Albion Park
U/15 Boys	Discus	218	42.84	<b>Brock Nichols</b>	St Georges Basin
	Javelin	248	36.89	Cody White	Albion Park
U/17 Boys	400M Run	68	52.7	Billy Wallington	Shoalhaven
	3000M Run	136	11:01.4	Bradley Holland	Lake Illawarra
	High Jump	168	1.65	Weah Doe	Shoalhaven
	Long Jump	188	6.18	Billy Wallington	Shoalhaven
	Discus	220	36.77	Joshua Fernandes	Lake Illawarra
	Shot	240	13.18	Joshua Fernandes	Lake Illawarra
U/13 Girls	Javelin	243	31.62	Shaye-Lee Frier	Lake Illawarra
U/14 Girls	Discus	215	42.03	Samantha Peace	Shoalhaven
U/15 Girls	400M Run	65	59.84	Susie Seitaridis	Lake Illawarra
	90M Hurdles	83	13.6	Susie Seitaridis	Lake Illawarra
	200M Hurdles	91	29.7	Susie Seitaridis	Lake Illawarra
	800M Run	111	2:19.5	Susie Seitaridis	Lake Illawarra
	Javelin	247	33.03	Susie Seitaridis	Lake Illawarra
U/17 Girls	800M Run	113	2:15.22	Jessica Hull	Albion Park
	1500M Run	127	4:46.75	Jessica Hull	Albion Park
	3000M Run	135	10:15.3	Jessica Hull	Albion Park

#### **Medal Ribbons**

Due to the manner in which Zone medals were distributed athletes and parents were not given the opportunity to purchase ribbons for their medals. If Centres would like to purchase ribbons (\$1.00 per ribbon) please contact the Zone Co-ordinator.

Consequently ribbons were distributed as follows:

Kiama 51 Milton Ulladulla 19 Shoalhaven 124 St Georges Basin 25

#### **Officials Accreditations**

I would like to take this opportunity to congratulate to the Christopher Johnson from the Shoalhaven Centre who has recently qualified as a C Grade Timekeeper.

#### McDonald's Little Athletics Scholarship

In the 2012/2013 season a total of four (4) scholarships will again be available:

One for an athlete from Northern NSW (Regions 1 & 2)
One for an athlete from Southern & Western NSW (Regions 3 & 4)
One for an athlete from the Sydney Northern & Western Metro areas (Regions 5 & 6)
One for an athlete from the Sydney Southern, Eastern & South Western areas (Regions 7 & 8)

Each successful nominee will receive a \$500.00 Scholarship from the Little Athletics Association of NSW, through the support of McDonald's.

To be eligible for this award, the athlete must be: -

- 1. A registered member of Little Athletics NSW
- 2. At a State Championship standard.
- 3. In the U13 age group or above.

Centres are asked to forward their nominations to the Zone Co-ordinator by Friday 8th February.

Nominations will close on Friday 1 March 2013 and successful athletes' will be announced at the LANSW State Track & Field Championships on 23 March 2013.

#### **Region 4 Championships**

Region will be run on a two (2) day program at Jubilee Park, Wagga Wagga, on Saturday 16th and Sunday 17th February 2013.

Timing Gates will be used at this Carnival. This means that we will not be required to provide Timekeepers or Place Judges over the weekend. However we should be prepared to fill these positions should there be a problem with the gates. The Mid South Coast Zone will be required to provide officials to cover Discus and one High Jump. In addition to these requirements each Zone will be required to provide a Walk Judge. Details relating to

Centre obligations for the supply of officials for the Region 4 Championships have been forwarded to Centres. Centres have been asked to provide officials based upon the number of athletes they have had qualify for Region.

Starting times for Region are as follows:

Saturday		Sunday	
First Call For Officials	7:30am	First Call For Officials	7:30am
First Call For Events	7:45am	First Call For Events	7:45am
First Gun	8:00am	First Gun	8:00am

#### **Next Zone Co-ordinator?**

Centres are reminded that this will be my last tenure as Zone Co-ordinator. I will not stand again. I am more than willing to train my successor but, as the latter half of the season begins, I am not aware of any soul who is willing to take on the position. I'm very interested in the opinions of Centre delegates relating to this matter.

#### **Delegate Reports**

#### **Albion Park**

We have finished upgrading our long jump run-ups. They need to be rolled again in about 4 weeks when the 11m triple jump lines will also be added.

The Centre is looking at adding information about coaching in the local area to our website to assist families find avenues to help develop their children's athletic potential. All coaches on the website will have to fill out a form showing their qualifications and insurance before being placed on the website. The form was shown around the meeting and advice sort. Generally most clubs agreed it was a good idea and wished they had enough coaches to do a similar thing.

#### Kiama

Since the last Zone meeting the Kiama Centre lost one competition night, November 30, at the last minute due to lightning and heavy rain. The Centre resumed competition on January 11, although numbers were well down on January 18 thanks the extreme heat that day. This year 45 Kiama athletes competed at the Zone championships, which was well up on last year, while 34 have qualified for the Regional Championships, more than double last year's numbers

#### Lake Illawarra

No report submitted.

#### Milton Ulladulla

Our centre continues to grow in numbers with an additional 2 enquiries last week.

We were successful in our application to Shoalhaven City Council for a grant. Consequently our long jump run-up will now be completed on 13th February.

We broke for Christmas on the 11th December and returned last week. Our numbers, as expected, were very low, however it does give those children who are attending Regionals the opportunity to train and prepare.

#### Shoalhaven

Our first night after the Christmas break is Tuesday 22<sup>nd</sup> January.

## **St Georges Basin**

Our President, Mick McKay has recently an accredited Coach - congratulations Mick.

We are quite pleased with the results from Zone where around 30% (46) of our registered athletes qualified for 140 individual events which is up quite a bit on last year.

We have been back under way for two weeks now but attendance is down slightly due to school holidays but we shortened the break so that we would still be in the minds of the athletes. With the longer break last year we lost a few athletes so we are trying to circumvent this happening again.

#### **General Business**

# 1. Coaching Clinics

The Shoalhaven Centre proposed that the Zone host several Coaching Clinics next season. Possibly one in the North and a second in the Southern area of the Zone. Suitably accredited coaches to be engaged for both clinics. All costs to be covered by the Zone. Attendance to be restricted to Zone, Region and State Championship attendees.

Centres are asked to discuss this proposal and bring any recommendations to the next meeting.

#### 2. Region 4 – Wagga Wagga

Zone delegates agreed that an effort should be made to have the Centres of the Mid South Coast Zone grouped together at Region.

Each Centres Team Manager is to have a Walkie Talkie so Centres can be contacted quickly and easily. This will be particularly useful should officials be required at our designated events.

There being no further business the Zone Co-ordinator closed the meeting at 9:07pm.

Next meeting will be at 7:30pm on Wednesday 20<sup>th</sup> March 2013 at Bomaderry RSL.

Craig Scott 29/01/2013

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