

# Mid South Coast Zone



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Foundation for all sports

## Meeting Minutes

**Date:** Monday 28<sup>th</sup> March 2011

**Venue:** Bomaderry RSL Club

**Present:** Zone Co-ordinator: Craig Scott  
Zone Treasurer: Graham Nash  
Zone Secretary: (Vacant Position)

### Centre Delegates

Albion Park:	Brett White
Kiama:	Mitch Terry
Lake Illawarra:	
Milton Ulladulla:	Jo Skinner
Shoalhaven:	Suzanne Edwards Lisa McConville
St Georges Basin:	Jackie de Vries Paul Joines
Sussex Inlet	Tenille Moroney Kate White

**Apologies:**

**Visitors:**

Meeting opened at 7:35 pm

### Previous Minutes

Moved Mitch Terry (K), seconded Suzanne Edwards (Sh), "that the minutes of the meeting held 17<sup>th</sup> January 2011 were a true and accurate record." Carried.

### Business Arising

#### 1. **New Zone Medal**

The order for two (2) seasons of Zone medals in the new design from GA Millers will be placed in early June. This will allow the current Term Deposit to mature prior to the medal purchase. It was agreed that the Zone would also purchase three hundred (300) two tone blue medal ribbons from GA Millers.



## **2. Line Marking Paint**

Crockers Paint & Wallpaper at Albion Park have been approached regarding Centres pooling their resources and buying line marking paint in bulk in an effort to negotiate a reduction in unit cost. The initial response has been positive but Crockers have requested more detail prior to making any commitment. The Albion Park, Kiama, Milton Ulladulla and Shoalhaven Centres have confirmed interest in this proposal. The remaining Centres are asked to inform the Zone Co-ordinator of their intentions as soon as possible so that negotiations can be finalised.

### **Correspondence In:**

LANSW BOM February 2011  
LANSW February Newsletter  
LANSW February Association Minutes  
LANSW Re Dom Frawley Officials Accreditation  
LANSW Re Vicki McPhillips Officials Accred.  
LANSW Re Draft Constitution  
Email Shoalhaven Re Presentation  
Email St Georges Basin Re Presentation  
All Centres Re McDonald's Scholarship Nominees  
Albion Park Re Presentation  
LANSW BOM March 2011  
LANSW March Newsletter  
LANSW Willis Insurance Handbook  
Email LANSW Re Region Restructure  
Email New Millennium Re Grand Prix Trophies

### **Correspondence Out:**

Minutes All Centres  
LANSW Re Dom Frawley Officials Accreditation  
LANSW Re Vicki McPhillips Officials Accreditation  
Email Re Region 5 Duties  
Email Re Region Results  
Email Re State Qualifiers  
Email Re McDonald's Scholarship Nominations  
Email Re McDonald's Scholarship Nominee  
LANSW Re McDonald's Scholarship Nominee  
Email New Millennium Trophies Re Grand Prix Trophies

### **Reports**

#### **1. Treasurer**

As per distributed report

General account current balance:	\$2,399.15
Term Deposit:	\$11,094.65 (Matures 07/06/2011).

Moved Graham Nash (Zone Treasurer), seconded Mitch Terry (K) "that the Treasurer's report be accepted." Carried.

## 2. Zone Co-Ordinator

### **Zone Championships**

My thanks go to the Kiama Centre for successfully hosting the Zone Championships at Shoalhaven over the weekend of the 29th and 30th of January 2011. I would also like to thank the Shoalhaven Centre for volunteering the use of their ground and facilities after the original Carnival, scheduled for mid December, was postponed due to rain. For the second consecutive year the weather was kind to us. Saturday was quite overcast but Sunday was sunny and very warm. The track was in excellent condition and we enjoyed an outstanding weekend of competition.

Approximately three hundred (300) athletes competed at the Championships. This is equivalent to the previous seasons numbers. Once again I am aware that some athletes chose not to attend due to their involvement in the Junior State Cup (Touch), which was scheduled for the same weekend as the Region 5 Championships in Forbes.

Congratulations to Shoalhaven who finally won the March Past. After witnessing the scenes of jubilation I have no doubt this achievement was later celebrated long and hard by the Centre's Committee.

My sincere thanks go to all the Officials, Centre Committee members, Computer Operators and parents who assisted at the Carnival. Everybody did a magnificent job.

Congratulations to the Albion Park Centre who took out the "Dean Blair Trophy" for the fourth successive year.

The following records were broken during the Carnival:

<b>Age Group</b>	<b>Event</b>	<b>No.</b>	<b>Record</b>	<b>Holder</b>	<b>Centre</b>
U/12 Boys	Triple Jump	F94	10.68	Jake Rallings	Albion Park
	Javelin	F86	30.99	Luke Debrot	Albion Park
U/14 Boys	100M Run	T58	11.8	Jye Brooker	Albion Park
	90m/h	T170	12.6	Jye Brooker	Albion Park
	200m/h	T12	27.1	Jye Brooker	Albion Park
	Long Jump	F71	5.83	Jye Brooker	Albion Park
U/17 Boys	100M Run	T62	11.1	Brodie Leeson	Albion Park
	200M Run	T210	22.8	Brodie Leeson	Albion Park
	High Jump	F30	1.62	Brodie Leeson	Albion Park
	Discus	F64	32.17	Dean Invernon	Lake Illawarra
	110M Hurdles	T174	14.5	Dean Invernon	Lake Illawarra
U/12 Girls	Discus	F6	33.96	Samantha Peace	Shoalhaven
	Javelin	F44	22.30	Belinda Carrasco	Lake Illawarra
U/13 Girls	80M Hurdles	T167	12.6	Susie Seitaridis	Lake Illawarra
U/14 Girls	800M Run	T223	2-29.0	Jessica Hull	Albion Park
	1500M Run	T3	5-06.5	Jessica Hull	Albion Park
U/17 Girls	3000M Run	T141	12-51.7	Tori Jones	Shoalhaven
	1500M Walk	T149	8-29.3	Emily Warden	Shoalhaven
	Shot Put	F67	11.97	Rachelle Grozde	Albion Park
	Discus	F16	37.59	Rachelle Grozde	Albion Park
	Javelin	F47	34.02	Rachelle Grozde	Albion Park

## **Grand Prix Results**

The Mid South Coast Grand Prix series came to a wet conclusion again this season when rain and strong gusty winds were experienced towards the end of the Shoalhaven Gala Day.

Approximately 250 athletes from the seven member Centres within the Zone contested events in the Grand Prix. It was pleasing to see that every Centre was represented on the dais at the end of the competition. Trophies for the various Age Group winners will be distributed to Centre delegates tonight.

My congratulations go to the winning Centre, Shoalhaven.

Full Grand Prix series results are available from the Zone website ([www.msczone.org.au](http://www.msczone.org.au)).

## **Region 5 Championships**

Once again my sincere thanks go to everybody that assisted in some capacity at the Region 5 Championships in Forbes. On several occasions I did have to chase helpers at High Jump but there was no shortage of volunteers.

I'd also like to thank the Team Managers for their efforts and co-operation during the course of the weekend.

The Forbes Centre did a great job particularly with the organisation of the Canteen. I thank this Centre for sending me details of the stock that was sold at the Carnival. No doubt we will find this to be of use.

A few problems were encountered during the course of the weekend, but, thankfully, these were able to be resolved.

The new Meet Manager program was successfully implemented but did pose a few challenges early on. We had an excess of people who were interested in assisting with data entry and it was difficult to satisfy them all. I have since been involved in a debriefing session where the performance of Meet Manager, at all five (5) Regions was discussed. It is quite likely that Meet Manager will be rolled out at Zone level next season.

As you are all aware next season the Mid South Coast Zone will be hosting the Region 5 Championships at Kiama.

## **State Championships**

The State Championships were run in challenging conditions with rain experienced on all three (3) days. The Sydney Track Classic on Saturday evening meant that competition must conclude on time and this constraint was met. Athletics Australia Officials were most impressed with the manner in which LANSW managed to do this, particularly considering the foul weather mid afternoon. Personally I thought the inclusion of the Sydney Track Classic was tremendous and thoroughly enjoyed the evening. The grandstand was quite full but I believe that attendance would have been better had the weather been kinder.

My congratulations go to every athlete that competed at State. Once again there were some magnificent performances. I know that many athletes recorded huge personal bests.

I'd like to thank the Team Managers for their efforts and co-operation over the weekend. I'd also like to extend my thanks to those that volunteered their time in any capacity at State.

### **School Visits**

Next season probably seems to be a long way off but now is the time to start preparing for School Visits. Schools have already scheduled events for later in the year so get in early. This year Centres can also register for the School Visit program online via the LANSW website. School Visit request forms are due Monday April 4, 2011.

### **Return Registration Information**

As we are now approaching the end of the season LANSW require any unused registration numbers to be returned to the office by Wednesday March 31, 2011. Any outstanding registrations should also be forwarded to the office as soon as possible.

### **Run For Fun**

I was disappointed that no Centre from this Zone submitted an article to the Run For Fun eNews this season. I know that many Centres have some great news stories to be told. Once again I urge you all to make a concerted effort to support this publication in the future.

### **Sussex Inlet**

I'd like to take this opportunity to congratulate the Sussex Inlet Centre for successfully negotiating their first season after many years absence. As with any Centre it wasn't without challenges but to your credit, you met them all. On a personal note I'd like to say that I have thoroughly enjoyed every minute I've spent with your Centre from the formation meeting at Sussex Inlet Bowling Club through to the Region 5 Championships at Forbes.

### **AGM Reminder**

The next Zone meeting will be the AGM on Monday May 23, 2011. I am currently half way through my two (2) year tenure as Zone Co-ordinator so it will only be necessary for us to elect a Secretary and Treasurer. Please ensure that all Centres are represented at the AGM.

### **Delegate Reports**

#### **Albion Park**

The Albion Park Centre enjoyed a very successful Regional championships with 43 athletes medalling and therefore progressing to State. The weekend finished on a high with 3 of our relay teams winning. (Junior Girls, Junior Boys and Senior Boys).

At the recent State Championships we had 8 individual athletes medal and a total medal tally of 13.

The clubs Presentation night and AGM will be held this Friday the 1/4/11, which wraps up the season.

**Kiama**

Attendance levels after Christmas were quite good this season with our last competition evening being held on Friday 11th March.

Kiama had 5 athletes qualify for the State Championships at Homebush. For 3 of these athletes it was the first time they had competed at State level. Of particular note was the performance of Under 12 athlete Naomi Robinson competing in the AWD class at State. Naomi snared silver in Long Jump and bronze in the 100m and Shot Put.

Our presentation was held last Friday 25th March at Kiama Leagues Club. The aim of the Centre's point score is to encourage all athletes to improve their own personal best efforts. We do not award points for winning but for improving. The number of points awarded is dependant upon the level of improvement attained. There were some excited athletes, and very surprised parents, when the various awards were presented.

The Centre's AGM is Wednesday 6th April 2011 at Kiama Leagues Club. As is the case every year we have been actively canvassing for new Committee members. The current Executive, with the exception of the Treasurer who is stepping down due to other commitments, is returning and we are confident of forming a working committee for the 2011/2012 season.

**Lake Illawarra**

No report submitted.

**Milton Ulladulla**

Coming to the end of our season. Trophies are ready for our Presentation tomorrow.

We've had a successful year in both representation and placings at Carnivals this year and are very proud of our two boys who represented us at State.

After being rained off a couple of times at the end of last year we had to postpone one of our nights due to extreme heat!

Numbers at our weekly meets have dropped due to some of the winter sports starting a little earlier than normal.

The Committee is looking forward to completing the 2010-2011 season. We have already started discussing the 2011-2012 season. An application for School visits has been lodged and we hope that this will increase our numbers.

**Shoalhaven**

Shoalhaven did not lose a night due to weather after Christmas; we even managed to complete Club Championships in the first three weeks of February.

Numbers were down to approx 120 per night as other sports started.

Numbers were also down for our Gala Day. This may have been due to the postponement of the Zone Championships and athletes not wanting to risk injury with so little time between Zone and Regional.

Our last night of competition was the Tuesday before State and we will wrap up our season with our AGM and presentation on Sunday 3rd of April.

### **St Georges Basin**

One more night till season ends. It's going to be a fun night with a sausage sizzle, etc.

Presentation is the following week on April 7th and AGM is on May 12th.

We had 2 athletes go to State but unfortunately neither medalled.

Numbers have been greatly reduced this season, but with school visits planned for later this year, we are hoping it will improve next season.

### **Sussex Inlet**

The Sussex Inlet Centre presented the Zone Co-ordinator with a DVD containing a slideshow of images from the 2010-2011 season.

### **General Business**

#### **1. First Aid – St John**

Moved Paul Joines (SGB), seconded Kate White (SI) “that a \$250.00 donation be forwarded to St John as a token of our appreciation for their attendance at the Zone Championships.” Carried.

There being no further business the Zone Co-ordinator closed the meeting at 9:24pm.

Next meeting will be the AGM commencing at 7:30pm on Monday 23<sup>rd</sup> May 2011 at Bomaderry RSL.

Craig Scott

11/04/2011

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