Mid South Coast Zone LAANSW Minutes of General Meeting held at Bomaderry RSL Club on Monday, January 19, 2009 at 7.30pm

1. Attendance

Craig Scott (Zone Co-ordinator), Stephen Cooke (Zone Treasurer), Alison Cull (Zone Secretary)

Centre Delegates:

Albion Park - Rick Watkins

Kiama - Beth Moon, Janet Poppett

Lake Illawarra - Col Anderson

Milton Ulladulla -

Shoalhaven - Tony Hush St Georges Basin - Paul Joines

Visitors:

Life Members:

2. Apologies - Howard McGarry, Leanne Barrett.

3. Minutes of previous meeting

Motion Moved Tony Hush (SH), seconded Col Anderson(LI) that the minutes of the previous meeting held Monday 24th November 2008 were a true an accurate record.

CARRIED

4. Business Arising

- 1. Albion Park Survey Certificate has been located by Council
- 2. McDonalds Scholarship nominations:

Albion Park - Tayla King U/15G

Kiama - Talissa Scott U/17G

Lake Illawarra - Josh Fernandez U/13B

Milton - no nomination

Shoalhaven - Kristy-Lee Taylor U/14G

St Georges Basin - no nomination

Discussion held regarding nominees and put to vote by delegates. Craig Scott and Rick Watkins stood down from voting due to personal reasons. Janet Poppett counted the votes 5 votes received Talissa Scott 3 Tayla King 2. Nomination of Talissa Scott to be put forward. Rick Watkins happy to write reference.

3. Region T-Shirts - After letters had been forwarded regarding T-Shirts it has been decided that they will be sold at Regional Championships on a first in best dressed basis. - email sent by Alan Johnson

5. Correspondence

Incoming -

Email St Georges Basin Re Regional T-Shirts

Email Kiama Re Regional T-Shirts

Email Regional Co-ordinator Re Regional T-Shirts

LAANSW Re C Grade Accreditation - Tony Hush

Outgoing -

Email St Georges Basin Re Regional T-Shirts

Email All Centres Zone Results And Regional Qualifiers

LAANSW Re B Grade Accreditation - Graham Nash

LAANSW Re C Grade Accreditation - Tony Hush

LAANSW Re C Grade Accreditation - Brett White

LAANSW Re C Grade Accreditation - L McConville

Albion Park Re Outstanding Officials Practicals

Kiama Re Outstanding Officials Practicals

Shoalhaven Re Outstanding Officials Practicals

Motion Moved Tony Hush (SH) seconded Rick Watkins (AP) that the correspondence be accepted.

6. Reports

Treasurer

As per Treasurers report distributed Current balance in General account is Term deposit

\$2309.02 \$8091.34

Review for athlete fee at AGM, Treasurer suggesting \$1 per athlete as long as Zone continues to hold the Regional Championships or that Zone no longer purchases medals for Zone Championships.

Need to canvas sponsor for Grand Prix Series - Rick Watkins will maybe look into Bunnings.

Motion Moved Stephen Cooke (Zone Treasurer) seconded Paul Joines (StG) that the Treasurer's report be accepted.

CARRIED

Zone Co-ordinator

Zone Championships

The Albion Park Centre deserve congratulations for the excellent manner in which they hosted the Zone Championships over the weekend of the 13th and 14th of December 2008. I was very concerned that constant rain during the twenty four (24) hours prior to the Carnival would adversely affect the track but, thankfully, this was not the case. When I arrived early Saturday morning the track was in excellent condition. The only indications of the previous days rain were a few puddles adjacent to the perimeter fencing and the flurry of activity relating to linemarking.

For the second year in succession, to the best of my knowledge, there were no errors reported in the program relative to athletes and/or events. However several Centres did supply incorrect Registration Numbers for athletes.

The decision to have promising local athlete, Ryan Gregson, officially open the Zone Championships proved to very popular. Ryan is a world-class athlete and several people commented about the positive message he sent to competitors. Ryan was extremely proud to have been a part of the opening ceremony. His career began with Little Athletics at the Albion Park Centre and he was very thankful for the opportunity to address the athletes.

Approximately three hundred and fifty (350) athletes competed at the Championships. This was a 4% increase on the previous season so the decision to hold Zone in December did not appear to affect total numbers.

In a tight decision Kiama won the March Past. I wonder if the Christmas themed headwear tipped the judges decision in their favour?

Unfortunately we did have to contend with strong Westerly winds all weekend, which made things difficult at times. Shade shelters were not erected on the second day due to safety concerns with the gusting wind. The hurdles on Sunday morning proved to be a real challenge but thanks to the assistance of some helpful spectators we managed to complete these events successfully.

My sincere thanks go to all the Officials, Centre Committee members and parents who assisted at the Carnival. The Computer Operators deserve special mention. They did not require my assistance during the course of the entire weekend and did a magnificent job.

Congratulations to the Albion Park Centre who took out the "Dean Blair Trophy" for the second successive year.

The following records were broken during the Carnival:

Event	Number	Record	Holder	Centre
400M Run	T86	1-16.1	Mitchell Potts	Albion Park
60M Hurd	T36	11.1	Jarrod Coomby	Albion Park
Pack Start	T198	2-23.8	Mitchell Potts	Albion Park
70M Run	T156	10.4	Aron Cox	Kiama
Long Jump	F51	4.33	Aron Cox	Kiama
100M Run	T60	11.6	Joshua Prem	Albion Park
200M Run	T208	23.9	Joshua Prem	Albion Park
200M Hurd	T14	26.7	Phillip Komninos	Lake Illawarra
50M Run	T75	9.2	Leticia Valentine	Lake Illawarra
60M Hurd	T45	11.7	Shenay Edwards	Albion Park
80M Hurd	T167	13.7	Lacey Bruce	Shoalhaven
Long Jump	F75	5.15	Rowenn Turvey	Albion Park
Shot Put	F8	12.77	Rachelle Grozde	Albion Park
Discus	F55	37.75	Rachelle Grozde	Albion Park
Javelin	F88	31.09	Rachelle Grozde	Albion Park
Long Jump	F44	5.72	Tayla King	Albion Park
High Jump	F19	1.65	Tayla King	Albion Park
Triple Jump	F78	11.23	Tayla King	Albion Park
Javelin	F95	35.62	Emily Debrot	Albion Park
4 x 100 Relay	T248	57.2	Albion Park	Albion Park
4 x 100 Relay	T250	48.5	Albion Park	Albion Park
4 x 100 Relay	T249	52.1	Albion Park	Albion Park
	400M Run 60M Hurd Pack Start 70M Run Long Jump 100M Run 200M Run 200M Hurd 50M Run 60M Hurd 80M Hurd Long Jump Shot Put Discus Javelin Long Jump High Jump Triple Jump Javelin 4 x 100 Relay 4 x 100 Relay	400M Run T86 60M Hurd T36 Pack Start T198 70M Run T156 Long Jump F51 100M Run T60 200M Run T208 200M Hurd T14 50M Run T75 60M Hurd T45 80M Hurd T167 Long Jump F75 Shot Put F8 Discus F55 Javelin F88 Long Jump F78 Javelin F78 Javelin F78 Javelin F78 Javelin F95 4 x 100 Relay T248 4 x 100 Relay T250	400M Run T86 1-16.1 60M Hurd T36 11.1 Pack Start T198 2-23.8 70M Run T156 10.4 Long Jump F51 4.33 100M Run T60 11.6 200M Run T208 23.9 200M Hurd T14 26.7 50M Run T75 9.2 60M Hurd T45 11.7 80M Hurd T167 13.7 Long Jump F75 5.15 Shot Put F8 12.77 Discus F55 37.75 Javelin F88 31.09 Long Jump F44 5.72 High Jump F19 1.65 Triple Jump F78 11.23 Javelin F95 35.62 4 x 100 Relay T248 57.2 4 x 100 Relay T250 48.5	400M Run T86 1-16.1 Mitchell Potts 60M Hurd T36 11.1 Jarrod Coomby Pack Start T198 2-23.8 Mitchell Potts 70M Run T156 10.4 Aron Cox Long Jump F51 4.33 Aron Cox 100M Run T60 11.6 Joshua Prem 200M Run T208 23.9 Joshua Prem 200M Hurd T14 26.7 Phillip Komninos 50M Run T75 9.2 Leticia Valentine 60M Hurd T45 11.7 Shenay Edwards 80M Hurd T167 13.7 Lacey Bruce Long Jump F75 5.15 Rowenn Turvey Shot Put F8 12.77 Rachelle Grozde Discus F55 37.75 Rachelle Grozde Javelin F88 31.09 Rachelle Grozde Long Jump F44 5.72 Tayla King Triple Jump F78 11.23 Tayla King

Officials Accreditations

I would like to take this opportunity to congratulate to the following people who recently qualified for Officials accreditation:

Tony Hush (Shoalhaven - C Grade Javelin, Shot Put and Discus)

Brett White (Albion Park - C Grade Place Judge, Long/Triple Jump and Discus)

Lisa McConville (Shoalhaven - C Grade Discus, Javelin and Race Walking)

Graham Nash (Kiama - B Grade Starter)

I recently forwarded correspondence to the Albion Park, Kiama and Shoalhaven Centres containing lists of people who have completed Officials theory exams and are yet to complete their practicals. Centres are asked to pursue these people to ensure they complete the practical component and gain accreditation.

Region 5 Championships

Region will be run on a two (2) day program at Beaton Park, Wollongong, on Saturday 21st and Sunday 22nd February 2009.

The Mid South Coast Zone will be required to provide officials to cover Shot Put. In addition to these requirements each Zone will be required to provide 2 Timekeepers, 2 Place Judges, 1 Track Umpire and 1 Walk Judge as well.

This season, as discussed at our October meeting, I am implementing a policy change when it comes to Centres supplying officials. Historically each Centre has been expected to provide the same number of officials. The smaller Centres struggle, and in some cases cannot meet this commitment. Centres will now be asked to supply officials based upon the number of athletes they have had qualify for Region. This, I believe, will share the load more equitably.

Details relating to Centre obligations for the supply of officials for the Region 5 Championships will be forwarded to Centres.

Delegate Reports

<u>Kiama</u>

The Centre has submitted a story about the South Coast Multi-Event Coaching Clinic to LAANSW for the next issue of the Run For Fun E-News. Our local newspaper, The Kiama Independent, has continued to support us again this season. We have had articles and numerous photos published in nearly every edition.

Recently our annual Good Sports Level 0 accreditation check was completed. We are very pleased to report that the Centre passed and remains the only Little Athletics Centre in NSW with Good Sports Level 0 accreditation.

Congratulations to the Albion Park Centre on a wonderful Zone Championships. Kiama had twenty seven (27) athletes qualify for the Region 5 Championships in late February.

We have had several evenings of competition since the Christmas/New Year break. As is normally the case at this time of year numbers are down but should pick up as people return from holidays and school resumes.

Kiama Municipal Council has received a grant from the NSW Environmental Trust. The grant is to be spent on ground improvements, particularly irrigation and turfing. Council commissioned an agricultural contractor to inspect the Leisure Centre Playing Fields and, as a consequence of this inspection, the fields will be closed as of Monday 16th February 2009 for extensive work.

Grounds 1, 2, 3 and the Athletics Track will be mechanically de-compacted and aerated. In doing so the top 75mm to 150mm of topsoil will be lifted. The Parramatta Grass will also be treated on the Athletics Track by the application of a selective herbicide. It is anticipated that the grounds will be out of action for 4 to 8 weeks. The exact period will depend upon how well the grass takes and rainfall.

The Athletics Track will be resurveyed once the grass has grown.

As a consequence of this closure we will lose the last three (3) weeks of our season. The last competition night will be Friday 13th February 2009.

Kiama would like to take this opportunity to formally request that our athletes be permitted to compete at the Albion Park, Lake Illawarra and Shoalhaven Centres after the ground closure if they so desire.

The Centre has already begun planning for the 2009-2010 season. Sadly many of the existing Committee will not be returning next year. Some of these people have put in many years of service and will be sadly missed. Currently there is a genuine concern that the Centre may not be able to form a Committee next season. With registered athletes numbering in excess of two hundred and thirty it is hoped that sufficient volunteers come forward and this situation does not eventuate.

Albion Park

We thank everyone for a successful Zone weekend. As a club we had 115 participate with 83 through to Regional including all 4 relay teams. We also won the Dean Blair memorial trophy.

Aaron Smith was the lucky winner of the Encouragement Award and we now have \$500 to spend at Hart Sports

We resumed on 6th January and due to holidays is very quite at the moment. We are holding our Club Championships on 6 & 13 February.

Also had 3 athletes attend the Trans Tasman.

Lake Illawarra

Well let me first say to all delegates present Happy New Year to you all. Our new amenities at Myrimbar is progressing well at this stage.

Volunteer Grants Program 2008 had no success in getting any funding.

Had two children compete in the Trans Tasman yesterday

230 entered summer carnival about 210 actually competed. Weekly competitions resumed on 9th January numbers a little light.

61 athletes qualified for regional, not bad considering only 70 were eligible.

247 Regos

Trans Tasman - Susie won 400m, 3rd in 800m, 6th in Long Jump, 4th in Discus and won 4x400 relay. Stevie 4th Shot put, 5th Discus, 3rd in relay.

Shoalhaven

Congratulations to Albion Park on a well run Zone Carnival. In adverse conditions the carnival went very well.

Shoalhaven has held one club night since the Zone Carnival with Santa Claus Tony arriving on a Harley Davidson. All athletes received a drink and a bag of lollies.

Shoalhaven recommence tomorrow night after a very long Christmas break which all committee have enjoyed.

Our season will finish the week after State with our club championships starting Tuesday fortnight and the amazing Shoalhaven Gala Day being held on February 8.

We have 40 athletes attending Regional Championships which is average for our club on recent years performances.

Kiama athletes are more than welcome to attend Shoalhaven in the weeks their ground is out of use.

7. **General Business**

- 7.1 1/1/09 Shellharbour Council grounds now non-smoking.
- 7.2 Albion Park have questioned insurance for coaches. They currently have a coach with no qualifications or personal insurance. Rick has rung NSW Little A's but no response yet. Rang Athletics Australia and new rules now apply not qualified you cannot coach and you are not covered. Craig advised under Little A's he should be covered.
- 7.3 Timekeeping issue at Zone Championships. We need to ensure that there are adequate numbers of timekeepers for all track events.
- 7.4 Donation to St John for Zone weekend \$250.
- 7.5 AP Officials lunches can claim up to \$300 + VIP Gifts
- 7.6 Grand Prix Trophies old trophies can be recycled to Shoalhaven
- 7.7 Officials for Region will be emailed to all centres of their duties and time

Next meeting Monday 23 March 2009 at Bomaderry RSL.

There being no further general business, the Zone Co-ordinator closed the meeting at 9.12pm
Date:
Chairperson: