

**Mid South Coast Zone LAANSW**  
**Minutes of General Meeting held at**  
**Bomaderry RSL Club on Monday, March 3<sup>rd</sup>, 2008 at 7.40pm**

**1. Attendance**

Craig Scott (Zone Co-ordinator), Stephen Cooke (Zone Treasurer), Alison Cull (Zone Secretary)

Centre Delegates:

Albion Park	Gary King
Kiama	Janet Poppett
Lake Illawarra	Col Anderson, Howard McGarry
Milton Ulladulla	
Shoalhaven	Tony Hush
St Georges Basin	Nicole Dunkley

Visitors:

Life Members:

**2. Apologies - Paul Joines**

**3. Minutes of previous meeting**

**Motion** Moved Tony Hush (Sh), seconded Gary King (AP) that the minutes of the previous meeting held Thursday 3<sup>rd</sup>, 2008 were a true and accurate record.

CARRIED

**4. Business Arising**

McDonald's have not shown support regarding sponsorship for grand prix series. 1 email, 2 phone calls no response. Decided that we would approach IGA for next season. Alison to forward letter to Head Office.  
Equipment from back order has arrived.  
Uniform – photos sent from all clubs.  
Oversight in Treasury report of term deposit should be \$12,000 not \$15,000 as previously stated.

**5. Correspondence**

Incoming –

Email Lake Illawarra Re Senior Boys Relay  
HART Sport Equipment  
Email LAANSW Re Region Allocations For State  
BOM February  
LAANSW Re Return Of Registration Numbers  
Run For Fun Jan/Feb 2008  
Willis 2007/2008 Insurance Handbook  
Email SGB Re Zone P & L Statement  
Email SGB Re Zone Expenditure  
SGB Re Zone Co Nomination  
LAANSW Income Tax

### Outgoing

Email Lake Illawarra Re Senior Boys Relay  
St John Re Donation  
All Centres Re Zone Co Nominations  
Email to McDonalds Head Office

**Motion** Moved Gary King (AP) seconded Col Anderson(LI) that the correspondence be accepted.

## **6. Reports**

### Treasurer

Outstanding fees from Milton Ulladulla – Last season \$166 + this season \$168 = Total \$334

Unpresented cheque for Kiama – Craig will chase this up with treasurer.

Ribbon sales from Zone, total \$368.

Bill received from St Georges Basin for Zone costs. Invoice and receipts in mail – all in agreeance to pay.

Letter from NSWLAA regarding Income tax exemption.

Current bank balance is \$41.65, total balance is \$12041.65

**Motion** Moved Stephen Cooke (Zone Treasurer) seconded Tony Hush (SH) that the Treasurer's report be accepted.

CARRIED

### Zone Co-ordinator

#### **Run For Fun**

I was very pleased to see that the Lake Illawarra and Kiama Centres submitted articles to the Run For Fun E-News. This publication is an excellent vehicle with which to promote your Centre and I recommend that you all seize the opportunity to submit an article in the future. I hope you found the article relating to the Mid South Coast Zone in the latest issue to be of interest.

#### **Zone Championships**

My sincere congratulations go to the St Georges Basin Centre for the wonderful job they did in hosting the Zone Championships. The ground was beautifully prepared and looked picture perfect for the start of competition on Saturday morning. The attention to detail was obvious. Never have I seen such perfectly prepared Long Jump Pits. The sand was completely flush with the run-ups on both pits. The Shot Put sectors even had a pattern mowed in to them.

The March Past was keenly contested and won by the Lake Illawarra Centre. Personally I think that having each athlete carry a small Australian flag swayed the judges' decision in their favour!

To the best of my knowledge there were no errors reported in the program relative to athletes and/or events. This is very pleasing because it indicates that administration at Centre level throughout the Zone is being managed effectively.

Unfortunately we did have a few issues relating to hurdle events. The Under 10 Boys and Girls 60m/h had to be rerun because the hurdle height was incorrect. This was disappointing particularly when I went to the trouble of distributing laminated cards with the correct hurdle heights to many of the track officials. I believe the hurdles were configured with an extra height between 45cm and 60cm which caught us off guard. This is a perfect example of why we need to check heights and not assume they are correct. The Under 15 Boys 100m/h was held up for some time after it was discovered that there weren't enough flights of hurdles on the track. A quick check revealed the hurdle marks were incorrect. This oversight was swiftly corrected.

During the course of the weekend the Officials did a magnificent job. I'd like to take this opportunity to personally thank each and every one of you including the Computer Operator(s). In the past my involvement at Zone has been limited to Long Jump, Triple Jump, High Jump and Computer support. On this occasion I had the opportunity to move between the events at will. As I watched the various Officials working together I was pleasantly surprised by their efficiency and the obvious camaraderie. I am however concerned by the apparent lack of Walk Judges within the Zone. It took more than half an hour to secure enough Walk Judges prior to the events being held. Once again we struggled to get enough Timekeepers and Place Judges. On several occasions events were held up while we called for assistance at the finish line. I also note that some of our referees and chiefs are considering moving on in the not too distant future. As a consequence the Zone needs more qualified Officials. I strongly recommend that several Officials courses be run very early in the new season.

The inclusion of the Under 16 and Under 17 athletes by invitation on Sunday proved to be quite successful. These athletes appeared to be having a wonderful time. In fact they were so boisterous at the Long Jump that I found it necessary to remind them that they were competing at the Zone Championships and should act accordingly setting an example for the younger athletes.

I'm very pleased to say that there were no protests over the weekend. This, I believe, is yet another measure of how well the Officials did their respective jobs.

Congratulations to the Albion Park Centre who had a convincing win in the Dean Blair Memorial Trophy.

The following records were broken during the course of the weekend:

Age Group	Event	Number	Record	Holder	Centre
U/7 Boys	Pack Start	T174	1-46.7	Mitchell Potts	Albion Park
U/14 Boys	400M Run	T72	57.6	Campbell Harvey	Shoalhaven
U/15 Boys	400M Run	T74	55.4	Gareth Ryan	Albion Park
U/10 Girls	High Jump	F57	1.25	Lucy Marron	Shoalhaven
U/13 Girls	Shot Put	F53	11.60	Rachelle Grozde	Albion Park
	Discus	F41	39.06	Rachelle Grozde	Albion Park
U/14 Girls	400M Run	T71	1-04.2	Emily Debrot	Albion Park
	Long Jump	F20	5.39	Tayla King	Albion Park
	High Jump	F69	1.61	Tayla King	Albion Park

	Triple Jump	F82	11.20	Tayla King	Albion Park
	Discus	F48	31.68	Emily Debrot	Albion Park
Senior Girls	4x100 Relay	T221	53.2	Albion Park	Albion Park

### **Grand Prix Results**

The Grand Prix presentation at the completion of the Shoalhaven Carnival in early February saw some very excited and, in some cases surprised, athletes awarded trophies. Following the presentation I was asked to check the results for the Under 15 Boys which I was happy to do. The check confirmed the results were correct and I took the opportunity to explain the point score system to those who had asked for the recount. It's surprising how many people have absolutely no idea how the point score works. It should be noted that a document detailing the point score system has been available from the Zone website ([www.geocities.com/midsouthzone](http://www.geocities.com/midsouthzone)) for several seasons. The Grand Prix results are also available from the website under Latest News. Congratulations to Albion Park who were the Grand Prix winning Centre this season.

### **Regional Championships**

The track at Wellington was one of the best grass tracks I have ever seen. The time and effort spent on its preparation must have been enormous. My thanks go to everybody that assisted in some capacity over the course of the weekend. The Mid South Cost Zone had eight (8) Officials working in full time positions. Combining these people with our requirement to provide Timekeepers, Place Judges, Triple Jump and Javelin support meant that the Zone had in the order of eighteen Officials working at any given time. I think you would agree that we certainly did our fair share. I did not realise that it was the Zones responsibility to supply the Triple Jump Chief and apologise for this oversight on my part. The Albion Park Centre kindly provided a Chief for the duration of the weekend and I thank them for their commitment.

Even after its capacity was boosted the PA system proved to be a problem due to the prevailing winds. The Announcer ended up with two (2) microphones and a radio transmitting on Channel 25. Using all three (3) simultaneously proved to be a challenge.

A big thank you goes to St Georges Basin for lending the Computer equipment used for Region several years ago to the Regional Co-ordinator, Mick Ryan. Results were processed efficiently and not a single event was delayed waiting for finals listings.

On a personal note I'd like to thank all the Team Managers for their efforts and co-operation over the weekend.

Next season the Region 5 Championships will be held at Beaton Park in Wollongong.

### **School Visits**

I know that next season seems to be a long way off but now is the time to start preparing for School visits. Schools have already scheduled events for later in the year so get in early. School visit request forms are due Monday April 14, 2008.

### **Return Registration Information**

As we are now approaching the end of the season LAANSW require any unused registration numbers to be returned to the office. Any outstanding registrations should also be forwarded to the office as soon as possible.

#### **Centre Grants**

Don't forget that applications for funding under the 2008 LAANSW Centre Grant Scheme close on March 31, 2008. If you have a worthwhile project or equipment need submit an application.

#### **State Championships**

Just a quick reminder that the general public will not be admitted to the State Championships via the Back Gate this year. You must enter through the front gate. We will be using the photo finish system for placings and timing at State. Hand timing will continue to be used for first place (with 3 watches) so State records will be created using hand held timing. This should speed up the Track considerably and results will be posted on the scoreboard almost immediately.

The Mid South Coast Zone is responsible for supplying one (1) person at Triple Jump on both days of the State Championships.

#### **AGM reminder Zone Co election**

The next Zone meeting will be the AGM. We will be electing a Zone Co-ordinator, Secretary and Treasurer. Nominations for Zone Co-ordinator must be submitted by Wednesday March 5, 2008.

#### **DISCUSSION ON REPORT**

##### Regional

No chairs for Marshalling, Howard spoke with Mick Ryan and also Dapto Zone Coordinator.

Separate area for Field and Track Marshalling

Poor spectator areas

Time on Saturday was too slow, didn't finish til 7pm.

Throw judging was very poor.

Albion Park had concern and reported unacceptable language to athletes from walk official but had no response. Advised by Craig Scott to speak with Mick Ryan.

##### State

Our zone should take walkie talkie to state so that can be contacted when an official is required for triple jump.

##### AGM

AGM is to be held at Bomaderry Bowling Club on Monday 5<sup>th</sup> May at 7.30pm.

#### **Delegate Reports**

##### Kiama

Heartiest congratulations to the St Georges Basin Centre for the manner in which they hosted the Zone Championships in late January. The weather was nothing short of brilliant for the entire weekend and the Carnival was a resounding success. Kiama had twenty three (23) athletes qualify from this Carnival for the Regional Championships in Wellington.

The Regional Championships were also held in excellent weather conditions on an immaculate grass track. The Wellington Centre and the local Council had done a magnificent job in preparing the track and deserve high praise for their efforts. Under 8 athlete, Aron Cox, won four (4) gold medals at Regional and we had twelve (12) athletes qualify for the State Championships in March.

Under 14 athlete, Samantha Broadhead, was selected to represent NSW in the Australia Cup team that competed in Brisbane in early February. Thanks to the efforts of Samantha and her teammates NSW returned victorious.

We have finally purchased a Centre Marquee for use at the various Carnivals during the season. The Marquee was used at both the Zone and Regional Championships. Judging by the positive comments we have received from many of our members it was a popular purchase.

The Centre recently submitted an article to Run For Fun E-News. The article described our involvement in a research project being conducted by Griffith University in Queensland looking at the decline in volunteers in sport.

Since the last Zone meeting we have been broken in to on four (4) more occasions. Two (2) of these were committed while we were at Regional. The Centre has had another on site meeting with senior Council representatives and several Councillors. Consequently new solid steel doors will be fabricated and installed on the Skate Park end of the grandstand this week. We will have to enter the grandstand via the centre door in order to unlock and open the new doors. Signs have been ordered and will be erected shortly at the Skate Park. While we are not sure of the exact wording they will basically indicate that if the break ins and vandalism continue Council will be forced to consider the closure of the Skate Park. Council's security contractor is regularly patrolling the Skate Park and checking the security of the grandstand. Local Police and the Lake Illawarra LAC have been engaged by Council to step up patrols and casual surveillance. Apparently there is an organised event planned for the Skate Park in the near future. Council intend to promote this event in the local media and will take the opportunity to highlight the break ins and vandalism. Earlier today we were informed that a My Space page contains numerous photos of Skate Park patrons abusing our High Jump mats. We will be scrutinising this site in an effort to uncover any possible clues as to the identity of the offenders. We have also obtained the name and address of the prime suspect and will be pursuing the matter through the relevant channels.

The Centre had only had one (1) athlete enter in the State Multi Event held at Orange. Talissa Scott won the Under 15 Girls Age Group and is now in contention for selection in the LAANSW State team to compete at Nationals in Nunawading, Victoria, in late April.

Our last evening of competition is Friday 7<sup>th</sup> of March with Presentation to follow on Friday 28<sup>th</sup> of March concluding what has been another successful season for the Kiama Centre.

### **Albion Park**

Albion Park Athletics has been very successful this end of the season, with many athletes exceeding expectations and producing outstanding results. We had 76 children attend the Zone Championships at St Georges Basin and resulted in us

winning the Dean Blair Trophy. We had 5 children compete in the U/7 and all returning with a State Medal. Our number eligible for Regional was 66 athletes with 5 dropping out due to other commitments.

Regional championships was another successful carnival with 61 athletes participating, we had 4 U/8 athletes come home with medals. We have 34 athletes heading to State this month.

Our athletes that contributed to the Grand Prix series proved successful again and retained the Grand Prix trophy. Albion Park apologises again to Shoalhaven for the antics of a parent from our club in the under 9 girls.

Cameron Barrett (and his mother) went to Trans Tasman in NZ and by all accounts had a great time. Cameron finished 4<sup>th</sup> in 1500 and 6<sup>th</sup> in 800.

Tayla King was selected in the NSW team for the Australia Cup which was held in Qld in first weekend of February competing in the Long Jump and the Relay, both which resulted in 1<sup>st</sup> place.

Last weekend we had 4 athletes (2 families) participate in the State Multi with Gareth finishing 5<sup>th</sup> -U/15, Celeste 12<sup>th</sup> -U/9, Siobhan 28<sup>th</sup>-U/13 and Liam 22<sup>nd</sup> - U/10

Our season concludes next Friday night with our AGM/presentation to be held on Sunday 4<sup>th</sup> May.

Although our athletes have had a very successful season it has been a hard struggle for our committee this year resulting in the possibility of non return to our committee next season. The club hopes to have new parents step up to the challenge at our AGM.

### **Lake Illawarra**

Summer Carnival had 270 entries with 33 centres within NSW competing plus two interstate centres one from QLD and the other from VIC as well as one from ACT.

The centre had 52 athletes enter zone championships of these 30 made it to Region 5 champs and we have 19 going onto State champs in a couple of weeks.

Have 275 rego's for this season.

Have 20 school booked for school carnival this year and out of them 9 schools have shown interest in hosting a school visit from LAANSW later this year.

State Multi had four athletes represent and 2 of those athletes won their respective age groups they being:

Joshua Bingham U/13 1<sup>st</sup>

Susie Seitaridis U/10 1<sup>st</sup>

Jed Brooker U/8 18<sup>th</sup>

Jye Brooker U/11 14<sup>th</sup>

Won Zone Champs March Past Trophy.

## St Georges Basin

Nil

## Shoalhaven

Tuesday Nights running well. Club Championships will be completed tomorrow night. Numbers running around 150 after Christmas.

Shoalhaven Gala Day was a great day. Numbers were down but those that did come had a great day. The carnival was a financial success and our club received a lot of positive feedback and look forward to a great team effort for next year's carnival. Athletes came from as far as Newcastle & Bathurst.

30 athletes attended the Regional championships with 21 athletes making it through to State including one U/15 boy who has finally made it to State on his eighth attempt.

Grand Prix numbers were quiet strong again this year with many Shoalhaven Athletes gaining places and the club running second in the Grand Prix.

We conclude in 4 weeks time.

We now have 4 carnival marquees and new trailer for carting our gear around the State, sponsored by some of our athletes parents. EGR Trailers at South Nowra.

## **7. General Business**

### Official Course

Officials course to be organised ASAP. Prefer to have 1<sup>st</sup> one before commencement of new season. Discuss dates at AGM.

### 7.2 U/16 & U/17

Clubs need to review constitutions prior to their AGMS and review minutes from the Association meeting when they arrive.

Next meeting AGM Monday 5<sup>th</sup> May 2008 at Bomaderry RSL.

There being no further general business, the Zone Co-ordinator closed the meeting at 9.25pm.

Date: \_\_\_\_\_

Chairperson: \_\_\_\_\_